



Informed Consent – Hyaluronic Acid Filler Injection

This is an informed consent document to help inform you concerning Non-Animal Stabilized Hyaluronic Acid tissue filler injection therapy, its risks and alternative treatments. It is important that you read carefully and completely.

Please initial each page indicating that you read and understood each page.

General Information

Non-Animal Stabilized Hyaluronic Acid tissue fillers are sterile gels consisting of non-animal stabilized Hyaluronic Acid for injection into the skin to correct facial lines, wrinkles and folds, for lip enhancement and for shaping the facial contours.

I clearly understand that fillers are:

- ◆ Sterile gels consisting of a cross linked Hyaluronic Acid of non-animal origin.
- ◆ Injected via a syringe into the dermis (skin) to temporarily correct lines, wrinkles, folds, and contours of the face or to temporarily increase the volume of the lips.
- ◆ Provides correction for an average of six months. This effect varies depending on the type of skin, areas of injection, amount injected and injection technique.
- ◆ The longevity of fillers in the lips may be reduced because of the high vascularization of the lips.
- ◆ A touch up procedure a few weeks after the first injection may help increase persistence and optimize results.
- ◆ A local anesthetic may be administered as necessary by the physician/NP.
I clearly understand that after injection of a Hyaluronic Acid, there are some potential side effects which include and may not be limited to the following:
 - ◆ Inflammatory reactions which include redness, swelling, pain, itching, bruising, and tenderness at the implant site. These generally have been described as mild to moderate and typically resolve spontaneously a few days after injection.
 - ◆ Swelling or nodules may develop at the injection site.
 - ◆ Very rare cases of discoloration of the injection site have been reported.
 - ◆ Rare cases of necrosis in the glabellar region. Abscess, granuloma, or hypersensitivity has been reported after injections of Hyaluronic Acid.
 - ◆ Increase of bruising or bleeding at injection site if using a substance such as Acetylsalicylic Acid (Aspirin) or Ibuprofen (Advil/Motrin).
 - ◆ Persistence of any of these reactions for more than a week or the development of other side effects must be reported to the physician as soon as possible.

Other types of reactions are rare, but approximately one in every 2000 treated patients have experienced localized allergic reactions after one or more injections. These have usually consisted of swelling and firmness at the implant site, sometimes affecting the surrounding tissue. Redness, tenderness and rarely acne like formations have also been reported. These reactions have either started a few days after injection or after a delay of a few weeks and have generally been described as mild to moderate and self limiting, with an average duration of two weeks. In rare instances these reactions have persisted for several months.

On very rare occasions (less than one in 15,000 treatments) prolonged firmness, abscess formation or grayish discolorations at the implantation sites have occurred. These reactions can develop weeks to months following the injections and may persist for several months but normally resolve with time. Even more rarely, the formation of a scab and the sloughing (shedding) of skin at the treatment site has been noted, which could result in a shallow scar.

I have informed the physician/NP of my medical history and I clearly understand I cannot be treated with Hyaluronic Acid filler:

- ◆ If I am pregnant or breastfeeding
- ◆ In areas with inflammatory and/or infectious disease skin problems (acne, ect.)
- ◆ If I have a past history of autoimmune disease
- ◆ If I am receiving immunotherapy treatments
- ◆ If I have a known hypersensitivity to Hyaluronic Acids
- ◆ If I am undergoing laser therapy, chemical peeling, or dermabrasion
- ◆ If I have a tendency to develop hypertrophic scarring

I have informed my physician about all the medications I have taken or am currently taking including Herbal Medications (ie. ginseng).

I understand the post treatment instructions. I have read the information provided in the record of consultation for Hyaluronic Acid fillers and have discussed the risks and benefits of Hyaluronic Acid fillers with my physician/HCP and/or his/her representative. I understand the information provided.

Patient Name

Patient Signature

Date

Witness

Date

Filler Documentation Tool

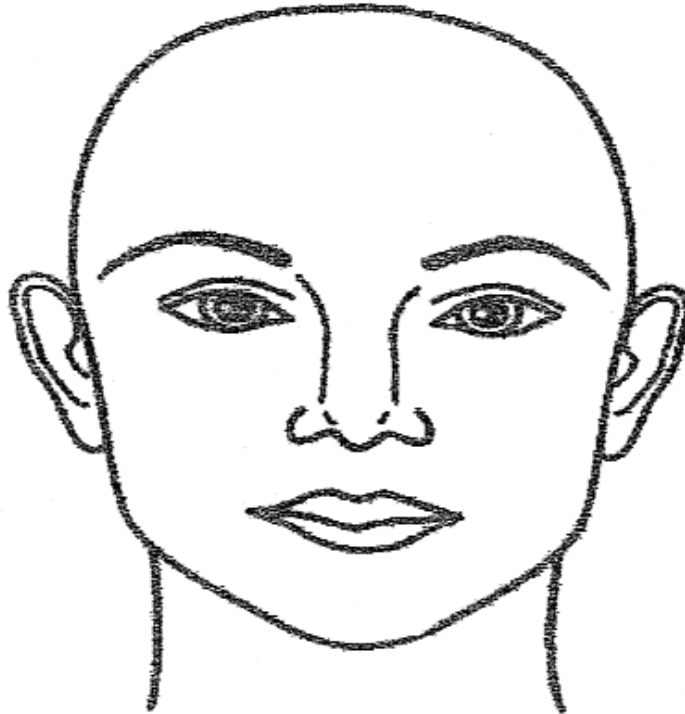
Patient Name: _____

Date: _____

- Pain**

Management

 - ◆ Infraorbital
 - ◆ Mental Block
 - ◆ Topical Ion
 - ◆ Other



- Anesthetic**

 - ◆ 1% xylo ____ml
 - ◆ 2% xylo ____ml
 - ◆ _____
 - ◆ _____

 - ◆ Other Inj.

 - ◆ Quadra Caine

 - ◆ Betacaine

 - ◆ Other Topical

<u>Treatment Areas</u>	<u>Left</u>	<u>Right</u>	<u>Total Volume</u>	<u>Product</u>
Nasolabial Folds				
Lip Augmentation				
Vermillion Border				
Marionette Lines				

Consent signed

Post Treatment Photos Explained

History of Fainting Y/N

Notes: _____

Hyaluronic Acid Post Treatment Instructions

Cold Compresses (a cloth dipped in cold water, wrung out, and applied to the injected area) may be used immediately after treatment to reduce swelling.

Immediately after the treatment, there may be slight redness, swelling, tenderness, and an itching sensation in the treated area. This is a normal result of the injection. This inconvenience is often temporary and generally disappears in a day or two. If the inconvenience continues or if other reactions occur, please contact your physician.

Avoid touching the treated area for the 6 hours following treatment so you do not accidentally injure your skin while the area is numb. After that, the area can be gently washed with soap and water.

Until there is a reduction of redness or swelling, avoid exposure of the treated area to intense heat (sun lamp or sunbathing). You may experience bruising which may last 5-10 days.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to a recurrence of these sores. Speak to your healthcare professional about medications that may minimize an outbreak.

Avoid taking any non-steroidal anti-inflammatory medications (including Aspirin and Ibuprofen), St. John's Wort, and high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and/or bleeding at the injection site.

Please be sure to consult your healthcare professional if you experience side effects beyond 14 days.

Ask your healthcare professional about recommendations for a follow-up appointment.

If you have any questions or concerns, please contact the staff of Signature Medical Aesthetics at 266-0567.