



## BOTOX (Botulinum A Toxin) INFORMED CONSENT

I, \_\_\_\_\_, understand that I will be injected with Botulinum A Toxin (Botox) in the area of the glabella muscles to paralyze these muscles temporarily or in the forehead or crows feet around the lateral area of the eyes.

Botulinum A Toxin (Botox) injection has been FDA approved for use in the cosmetic treatment for glabellar frown lines only – the wrinkles between the eyebrows.

Injection of Botox into the small muscles between the brows causes those specific muscles to halt their function (be paralyzed), thereby improving the appearance of the wrinkles. I understand the goal is to decrease the wrinkles in the treated area. This paralysis is temporary, and re-injection is necessary within three to four months. It has been explained to me that other temporary and more permanent treatments are available.

The possible side effects of Botox include but are not limited to:

- 1. Risks:** I understand there is a risk of swelling, rash, headache, local numbness, pain at the injection site, bruising, respiratory problems, and allergic reaction.
- 2. Infection:** Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur.
- 3.** Most people have lightly swollen pinkish bumps where the injections went in, for a couple of hours or even several days.
- 4.** Although many people with chronic headaches or migraines often get relief from Botox, a small percent of patients get headaches following treatment with Botox, for the first day. In a very small percentage of patients these headaches can persist for several days or weeks.
- 5.** Local numbness, rash, pain at the injection site, flu like symptoms with mild fever, back pain.
- 6.** Respiratory problems such as bronchitis or sinusitis, nausea, dizziness, and tightness or irritation of the skin.
- 7.** Bruising is possible anytime you inject a needle into the skin. This bruising can last for several hours, days, weeks, months and in rare cases the effect of bruising could be permanent.
- 8.** While local weakness of the injected muscles is representative of the expected pharmacological action of Botox, weakness of adjacent muscles may occur as a result of the spread of the toxin.
- 9. Treatments:** I understand more than one injection may be needed to achieve a satisfactory result.

**10.** Another risk when injecting Botox around the eyes included corneal exposure because people may not be able to blink the eyelids as often as they should to protect the eye. This inability to protect the eye has been associated with damage to the eye as impaired vision, or double vision, which is usually temporary. This reduced blinking has been associated with corneal ulcerations. There are medications that can help lift the eyelid, however, if the drooping is too great the eye drops are not that effective. These side effects can last for several weeks or longer. This occurs in 2-5 percent of patients.

**11.** I will follow all aftercare instructions as it is crucial I do so for healing. As Botox is not an exact science, there might be an uneven appearance of the face with some muscles more affected by the Botox than others. In most cases this uneven appearance can be corrected by injecting Botox in the same or nearby muscles. However in some cases this uneven appearance can persist for several weeks or months. This list is not meant to be inclusive of all possible risks associated with Botox as there are both known and unknown side effects associated with any medication or procedure.

Botox should not be administered to a pregnant or nursing woman.

Additionally,

The number of units injected is an estimate of the amount of Botox required to paralyze the muscles. I understand there is no guarantee of results of any treatment. I understand the regular charge applies to all subsequent treatments.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Botox treatments with the above understood. I hereby release the doctor, at the staff at Signature Medical Aesthetics from liability associated with this procedure.

**Patient Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Patient Name:**

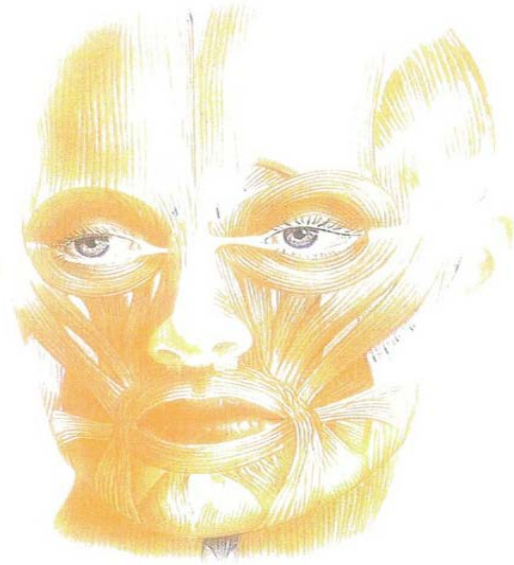
**Date of Injection:**

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**Notes:**

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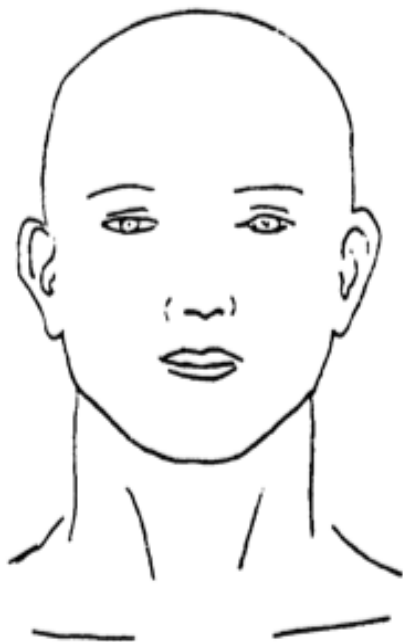
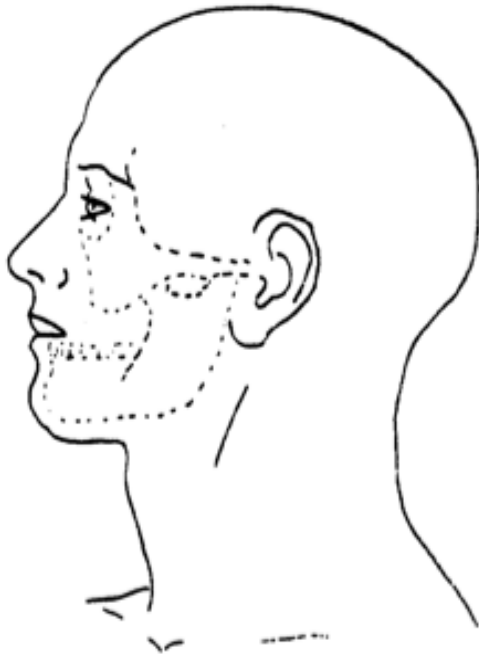
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Botox Post Treatment Instructions Given by Dr.Siruvella

Name: \_\_\_\_\_ Chart # \_\_\_\_\_

Date: \_\_\_\_\_ Botox Mapping # units \_\_\_\_\_ Price \$ \_\_\_\_\_



Botox Post Treatment Instructions Given  
by \_\_\_\_\_



## **BOTOXCOSMETIC® Frequently Asked Questions**

### **What is BOTOX Cosmetic®?**

BOTOX Cosmetic® is a treatment for wrinkles caused by repeated movements. The most commonly treated areas include:

- The lines around the eyes known as crows feet caused by squinting or smiling
- The horizontal lines across the forehead caused by raising the eyebrows
- The lines & folding of skin between the eyebrows caused by frowning

### **Is it Safe?**

Yes! BOTOX® has been available for 20 years, and has been used to treat many diseases. In fact, it is used in children as young as 2 years old to treat cerebral palsy.

It has been proven to be very safe through extensive testing and research.

BOTOX Cosmetic® is an approved drug used to treat patients for cosmetic wrinkles.

### **Will it give me food poisoning?**

No, it is not toxic to you. / No it is not a poison.

**Is it botulism?** No – BOTOX Cosmetic® is not botulism and it will not cause food poisoning. To clarify, Botulism is the name of an illness.

**Isn't BOTOX Cosmetic® a toxin/poison?** The product is a natural, purified protein that is an approved drug used in very small doses. It comes from a naturally occurring bacterium – similar to how Penicillin comes from mold.

**How do I know it won't be toxic to me?** Typically, for a cosmetic treatment, you may receive under 100 units. To make someone remotely sick, you would have to receive OVER 35 times this dose all at one time, which would never happen (plus it would cost you over \$42,000 – absolutely impossible). You really are getting VERY TINY doses.

**How does it work?** BOTOX Cosmetic® works by simply relaxing the muscles underneath the skin to create a smooth and refreshed appearance.

**How long does the procedure take?** Generally, after the consultation, the procedure only takes up to 15 minutes. Since there is no downtime, you can do it on your lunch break, and no one would know you have had it done!

**How quickly does it work?** It can take UP TO 2 WEEKS for it to take full effect. Usually we ask patients to wait the 14 days to pass in order to fully see the results.

**How is it done?** It is injected with a very tiny needle (it only feels like a tiny little pinch)

**My BOTOX Cosmetic® treatment didn't work!** BOTOX Cosmetic® takes up to 14 days to take full effect.

### **When was your last treatment done?**

- If **LESS** than 2 weeks ago, say to the patient: "You will need to wait until the full 2 weeks has passed and then please call if you have any concerns (or come in for your booked follow up appointment)."
- If **MORE** than 2 weeks ago, say to the patient: Okay, then let's book an appointment with Dr. Siruvella So that you can be assessed and to see if you require a little more product.

**How long does BOTOX Cosmetic® last? Is it permanent?** No - BOTOX Cosmetic® is not permanent. It lasts between 3-4 months on average, but everyone is different. If you follow these directions to have your first 3 treatments promptly every 3 months (without waiting in between), he will guarantee that your next few treatments will start to last longer than 3 months. Most patients who get their first 3 treatments done "back to back" every 3 months find that:

- Their next treatment lasts 4 months
- Then the next treatment last 5 months
- And the following treatment lasts 6 months
- Patients who stay on his prompt treatment schedule can stabilize their treatments at approximately 2 times per year (saves you money!)

**Does it hurt?** Most patients say the injections feel similar to a little pinch, although everyone is different. We usually hear that patients say, "Is that all?"

**Is it going to be worse when it wears off?** No! Your face will never get worse if you stop using BOTOX Cosmetic® or when it wears off. At the very minimum, you will simply return to where you started. If you use BOTOX Cosmetic® for a number of years and then stop, your muscles learn to relax and therefore you will end up looking a little better than when you originally started.

**How much does it cost?** The cost per treatment varies by each patient, and a personal consultation can give you a specific amount.

**"I don't want to look like a mask without expression" – Will that happen?** No. Most people simply want to look NATURAL, RELAXED, and REFRESHED, without looking "done."

In the experienced hands of the staff at Signature Medical Aesthetics most patients typically say that no one knows that they had anything done. Friends simply say that they look well rested and great!

**What is a unit?** A unit of BOTOX Cosmetic® is simply a very tiny measurement of drug. The exact # of units you require (to achieve the look you want) will be discussed with Dr. Siruvella although our staff can give you cost estimate.

**What are the side effects?** Side effects are RARE and are NOT PERMANENT. Rarely, there can be some minor bruising (which is easily covered up with makeup) or a slight short term headache. Most patients do not experience any side effects at all.

**I have heard that you can get a drooping eyelid – is this true?** Side effects are rare and are not permanent and this can include a drooping eyelid. The incidence of these side effects is less than 1% and will last from only a few days to a few weeks. Most patients do not experience any side effects at all.

**Where does it go in my body?** BOTOX Cosmetic® stays local to the muscle where it was injected. After the injection, BOTOX Cosmetic® is simply metabolized and broken down into natural byproducts within a few hours.



## Botox Post Treatment Instructions

Botox works by relaxing muscle. It blocks a chemical your muscle needs to contract, so if they cannot contract, they relax. In your face, Botox works best from the cheekbones up on your dynamic wrinkles – the ones formed when you contract your muscles – like your frown line, smile lines, and forehead lines. If you can't contract those muscles, they relax, and your wrinkles disappear.

Botox takes anywhere from 2-14 days to work and is different for each person, each time. Don't worry if you do not see anything in a couple of days – it will come. We would like to see you back in a couple of weeks to make sure that you are satisfied.

Botox has what is called a "Dose Response Curve". This means we need to inject a certain amount of product to get your desired result. We base the dose on our experience and the size and strength of your muscles. We are aiming to have your results last 3-4 months. If we are slightly under the dose curve, you will not see the result you want – That's why we want to see you in a couple of weeks because you may need a slight "top up". We could dose you higher from the beginning, but then you might spend too much money.

### Post Botox Instructions:

- Do not touch or rub your face for 4 hours after you have been treated
- Do not lie down to go to sleep. We don't want you to inadvertently move the Botox into a muscle we did not want to inject.
- "Frown, Raise, Frown, Raise" 30 times or so over the next hour, as it helps the muscle pick up the Botox and give a better effect.

If you have any questions or concerns, please contact **our office at 266-0567**.

Your next appointment is in 10-14 days: \_\_\_\_\_.

Recommended Products: \_\_\_\_\_  
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